

NEWS RELEASE

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ASHFORD TRUST COMPLETES REVERSE STOCK SPLIT

DALLAS, July 15, 2020 -- Ashford Hospitality Trust, Inc. (NYSE: AHT) ("Ashford Trust" or the "Company") announced today that it completed a reverse split of the Company's common stock at a ratio of 1-for-10.

After the close of business on July 15, 2020, the effective date of the reverse stock split, each share of the Company's issued and outstanding common stock and equivalents were converted into 1/10th of a share of the Company's common stock. As a result of the reverse split, the number of outstanding shares of common stock was reduced from approximately 104.8 million shares to approximately 10.5 million shares. The reverse stock split will affect all stockholders uniformly and will not affect any stockholder's ownership percentage of shares of the Company's common stock, except for minor changes resulting from the payment of cash for fractional shares.

As of market open on July 16, 2020, the Company's common stock will commence trading on a split-adjusted basis on the New York Stock Exchange (the "NYSE"). The common stock will continue to trade on the NYSE under the symbol "AHT" but will trade under a new CUSIP number. The purpose of the reverse stock split was to raise the per share trading price of the Company's common stock to regain compliance with the minimum \$1.00 continued listing requirement for the listing of its common stock on the NYSE.

Ashford Trust's stockholders should contact their broker or Ashford Trust's transfer agent, Computershare, at (800) 546-5141, for any necessary assistance relating to the reverse stock split.

On July 15, 2020, the Company also completed a reverse split of the partnership units of Ashford Hospitality Limited Partnership, the Company's operating partnership ("Ashford Trust OP"), at a ratio of 1-for-10. As a result of such reverse split, the number of outstanding partnership units of Ashford Trust OP was reduced from approximately 20.5 million units to approximately 2.1 million units.

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Ashford Hospitality Trust is a real estate investment trust (REIT) focused on investing predominantly in upper upscale, full-service hotels.

Ashford has created an Ashford App for the hospitality REIT investor community. The Ashford App is available for free download at Apple's App Store and the Google Play Store by searching "Ashford."

Certain statements and assumptions in this press release contain or are based upon "forward-looking" information and are being made pursuant to the safe harbor provisions of the Private Securities Litigation Reform Act of 1995. Forward-looking statements in this press release include, among others, statements about the Company's strategy and future plans. These forward-looking statements are subject to risks and uncertainties. When we use the words "will likely result," "may," "anticipate," "estimate," "should," "expect," "believe," "intend," or similar expressions, we intend to identify forward-looking statements. Such statements are subject to numerous assumptions and uncertainties, many of which are outside Ashford Trust's control.

These forward-looking statements are subject to known and unknown risks and uncertainties, which could cause actual results to differ materially from those anticipated, including, without limitation: the impact of the novel strain of coronavirus (COVID-19) on our business; our ability to meet the NYSE continued listing standards; our ability to repay, refinance or restructure our debt and the debt of certain of our subsidiaries; general volatility of the capital markets and the market price of our common stock and preferred stock; changes in our business or investment strategy; availability, terms and deployment of capital; availability of qualified personnel; changes in our industry and the market in which we operate, interest rates or the general economy; and the degree and nature of our competition. These and other risk factors are more fully discussed in Ashford Trust's filings with the Securities and Exchange Commission.

The forward-looking statements included in this press release are only made as of the date of this press release. Investors should not place undue reliance on these forward-looking statements. We will not publicly update or revise any forward-looking

statements, whether as a result of new information, future events or circumstances, changes in expectations or otherwise except to the extent required by law.